

# Mums & Bubs

The first critical year



Latest Report





**Before diving into this heart-warming update, we wanted to express our immense gratitude for the love, care and empathy you carry for these remarkable mothers and their babies.**

Our Mums and Bubs projects couldn't be the success they are without you. There's nothing quite like women standing hand in hand. No one should go through life alone, especially mums! The mothers you support now have a community encouraging them to be the best they can be.

Whether it's learning to successfully breastfeed, understanding nutrition and healthy foods for their baby, or acquiring life skills like baking and sewing to provide an income for their families; Mums and Bubs programmes are transformational - and crucial for improving maternal health and infant survival rates.

In this update you'll see our Indonesian and Ugandan survival projects in action, hear from a Kiwi pastor who recently visited the project in Bali, and find out how Mum Wayan and her son Giovanni are doing two years on.

Sit down and relax, grab a cuppa, and let your heart burst with joy as you learn about the impact you're having on these mothers and their gorgeous little babies.

With love,  
The Mums & Bubs Team



## Wayan and her baby Gio have graduated from Mums and Bubs!

We met Mum Wayan and her baby boy Gio two years ago. Wayan has a history of tragic loss, her hurdles have been cruel, but the birth of Gio and her involvement in Mums and Bubs has been healing.

*"From the moment I registered in the programme, I have felt blessed. The first day I went along, I did not know what I would feed my family the next day. They said, 'tomorrow we will have a full food hamper for you.' I couldn't believe that someone knew exactly what I needed."*

Gio was born prematurely and has a disability, but with wrap-around support from the child specialists, he is now thriving.



📷 Mum Wayan and baby Gio when we first met them in 2022.

We recently returned to the programme to see how Wayan and Gio are doing. *"I'm doing well, Gio is growing well, he is now two years and five months. I have now graduated from the mums and babies programme. I would like to thank my sisters in New Zealand for continuing to support us and pray for us,"* says Wayan.

Gio is now registered in the centre's child development programme, which will support his ongoing development, nutrition and in a few years, his education.



📷 Mum Wayan and baby Gio this year at our most recent visit.



📷 Baby Gio is now two years old and enrolled in the child development programme.





# Your support creates a circle of protection

Your support provides each mum in the project with:



**Essential supplies  
to care for  
themselves and  
their babies.**



**Pre-natal and  
postnatal holistic  
care and wellbeing  
checks.**



**Much-needed  
social connection  
and mental health  
support.**

## Home visits

Home visits are the perfect opportunity for our child specialists to check in and see how the mother and baby are doing in their own environment. In this case, a mother from Uganda was assisted with ideas with how to care for her children when it's challenging at home. Programme staff noticed cooking took place in the same room as the children sleep, which poses a safety risk. They explained the dangers of cooking in that location and advised her to move the cooking area outside. They explained how the children's wellbeing is vastly improved in a clean, healthy home with good hygiene routines.



**A child specialist assisting a mother  
with child safety in Uganda.**



## Medical & nutritional care

In April this year, 15 babies from the Kupang project in Indonesia undergo a medical checkup. They are weighed, their heights are measured, and physical conditions are examined. Here, the child specialists educate mums on age-appropriate supplemental foods for babies six months and older.

At the Kyebamba project in Uganda, a medical expert provides training to mothers on breastfeeding, immunisations and weaning. The training also covered when and how to introduce solids to their babies, advising mothers to start with soft foods.

One of the goals in our survival projects is to ensure the health and well-being of both babies and mothers. In this photo above, seven mothers attend a nutrition training at the Kingungu Child Development Centre in Uganda. The training aims to educate mums about the importance of a balanced diet.

## Livelihood skills training

At the Kigungu Child Development Centre, 15 mothers are learning hairdressing skills. The main objective of this training is to equip them with the knowledge to then be able to teach other mothers and earn a living from it. As a result, all 15 mothers have now fully mastered the skill and are successfully earning an income, which has enabled them to support their families!



Medical checkups at the Kupang project in Indonesia.



Medical expert provides training at the Kyebamba project in Uganda.



Mums attending nutrition training at the project in Kinungu, Uganda.



Mums learning hairdressing in Kingungu, Uganda.



These mothers from the Kingungu Child Development Centre are learning how to knit. This has helped them earn a living!

At the Kigungu Child Development Centre, mothers are learning how to save money and earn an income. In the photo above, 15 mothers attend an entrepreneurship training. The aim is to empower these mothers with skills to grow their finances. As a result, they have initiated a savings scheme.

## Fathers are encouraged to get involved

At the Kingungu Child Development Centre, one way to maintain stable marriages and address domestic violence and conflicts is by encouraging married couples to meet and discuss their relationships. This helps couples bond, build confidence, and gives them the opportunity to freely express themselves. The couples are disciplined to grow together in God's word, strengthening their relationships through faith.



📷 Mums learn how to knit at the Kingungu project in Uganda.



📷 Entrepreneurship training in Uganda to help mums grow their finances.



📷 Parents attend a couples fellowship at the Kingungu Child Development Centre in Uganda.  
Photo: Compassion





## *A message from the director of the Kingungu Project*

*“The lives of mothers, babies and their families in this community have been greatly improved by this programme. Many young, single and married mothers are deeply appreciative for the help received from you, through us. We are grateful for the medical care you provided for the children and their mothers.*

*The mothers are also engaged in livelihood training like hair dressing, baking snacks, groceries and tailoring. Forty-four mothers have recently been equipped with entrepreneurial skills.*

*These small businesses enable the women to sustain their families, and we have networked with the local bank to conduct training on savings, and loans.*

*Through your support, we have addressed gender-based, domestic violence and child protection issues. The church works closely with the local authorities to report cases and work on the restoration of relationships within the families through counselling, guidance and prayer. This has greatly increased hope and peace in families and in the community.*

*This programme also attracts many non-believers to learn about our Lord Jesus Christ. In recent times, 34 people have come to faith, and many are attending church programmes to increase their biblical knowledge and grow spiritually.*

*We are extremely grateful for your love, commitment and generosity that you share with us. Thank you once again for all the support you regularly extend to us.*

*We believe and know that you have contributed to our reason for celebration.”*

*Yours sincerely,  
Geoffrey Kaboggoza*





📷 Shore Community Church pastors meet the mums at the Denpasar project in Indonesia for the first time.  
Photo: Tearfund

## Shore Community Church Pastors trip

Pastors from Shore Community Church travelled to Indonesia earlier in the year to visit our infant survival programme they have been supporting. They spent five days meeting with staff and witnessing the incredible impact the programme is having on the lives of mothers and their babies.

Reuben Munn, lead pastor of Shore Community Church, says of the experience, “It’s amazing to see what God is doing. Up until now we’ve been learning the information [about the programme] and now, **we’re seeing the real lives that are being touched and changed, blessed and transformed. It is powerful and incredibly humbling to see this.**”



📷 New Zealand pastors meeting Pastor Eko and his team.



📷 Meeting some of the newest members of the programme.

“They are unashamedly sharing the good news of Jesus, but they’re also meeting some of the urgent, physical and sometimes very desperate needs,” says Munn.

The pastors were able to sit in on a post-natal care class, join the mums’ bible study and worship, and helped distribute food parcels to the mothers at the end. The pastors were also invited into the homes of three of the mothers who are part of the programme.

One mother spoke about how this programme had saved her.

She said it gave her child a chance at life, a future, and gave her knowledge and resources on how to raise a healthy baby.



Munn says, “I couldn’t think of a better way for our dollars to be spent. It’s blown my mind, the fact that the money is going to such transformational work. What we’d consider small amounts of money is able to make an enormous difference.”



Click the button above or go to <https://youtu.be/DGPEE4E0Z4g>

## How you can pray...

- Praise God for restored marriages, improved livelihoods, and healthy mums and bubs.
- Pray for all the new pregnant mums who have joined, that they would find friendship and connection along with the critical care they need to thrive.
- Pray for the community in Kingungu where there are still high rates of HIV.
- Pray for the community in Kupang Tengah in Indonesia. Malnutrition is still a big issue, interfering with a child’s growth and development.

## Send some love!

If you have a word of encouragement to share with the mums, feel free to email us at: [info@tearfund.org.nz](mailto:info@tearfund.org.nz) and we’ll pass it along.