



# Mums & Bubs

The first critical year

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As Kiwis, we love celebrating our heroes, particularly when they have overcome the odds. This report is our tribute to all the heroes – including *you* – who make the Mums and Bubs programme life-transforming.

From the mums who experience all the ups and downs of life with a newborn, to the communities and carers that surround their mothers and children with support, and our partners who recognise the critical importance of supporting a baby's first year—here's to the heroes!

One thing we can all agree on is that mums are hard workers. Tearfund's Mums and Bubs partner, *Compassion*, places a strong emphasis on upskilling and encouraging mums to find employment opportunities to support their families financially. These young mums are stepping into the driver's seat to alleviate poverty, becoming hairdressers, tailors and farmers.

It's been a busy six months since we last checked in.

**Your donation is supporting approximately 270 mothers and their babies across 9 projects in Uganda, and 120 mothers and their babies across 4 projects within Indonesia.**

In this Mums and Bubs report, we're diving into how your support helps mothers living in poverty to learn new skills, find opportunities to generate income and support their children long into the future.

So settle in and discover more about the life-changing impact your donation is making in the lives of these amazing mums and their little ones.

Thank you for being a hero,

**The Mums and Bubs Team**





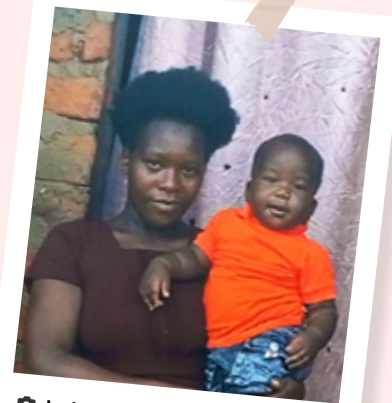
## Future proofing

In Uganda, new mothers in the Mums and Bubs programme participate in training courses and gain practical skills to improve their livelihoods.

Jacinta is the mother of nine-month-old Ryam. In the last six months she has accessed some important health care information for her family and began to earn money through hairdressing, thanks to the training she received at the local church's mums and bubs programme.

**I have learned how to relate with fellow caregivers and others in a healthy and respectful manner. I have also gained valuable knowledge about family planning, which my husband and I actively apply in our lives. I have new practical skills in hairdressing and facial treatments. I can earn an income by plaiting hair and offering makeup services.'**

*Jacinta, mother of Ryam*



📷 Jacinta says she is grateful to be part of the programme.

The programme is providing the much-needed support for mothers and babies, while laying the foundations for a prosperous future.

Here's what the pastor, Geoffrey, overseeing the child survival programme in Kigungu, Uganda has to say:

**Mothers have been equipped with valuable livelihood skills, including urban farming, mandazi making, soap production (bar and liquid), tailoring, hairdressing and bookmaking. These trainings have empowered them to start small income-generating activities, helping to alleviate poverty.'**

*Pastor Geoffrey Overseer, Kigungu Child Development Centre*



📷 Mothers from the survival programme in Uganda learn new skills in makeup and hairdressing.

## Your support in photos

Here are our favourite new photos from Mums and Bubs in Indonesia and Uganda. We hope you enjoy these cute little smiles too!



Pastor Eko takes a photo with mums and their daughters from the survival programme in Indonesia.



Mothers and their children participate in a day of training, prayer and fellowship with staff from Compassion at the Mums and Bubs Survival Centre in Indonesia.





Mothers share insights about the child's wellbeing during a home visits with a Mums and Bubs worker in Uganda.



A mum at the Ugandan Development Centre prays with a counsellor, seeking support to raise her children in a loving family.



At the survival programme in Uganda, a Red Cross staff member trains caregivers on the basics of first aid for common household accidents, and the importance of mothers being prepared.

## Meet Wilhelmina, a mum on a mission

We love celebrating mums – and Wilhelmina from Indonesia is one of the 270 incredible women we're cheering for across our Mums and Bubs programmes.

**Shalom! My name is Wilhelmina, mother of Alesha. I would like to share my story about how I feel ever since I joined with the Child Survival Programme. I am grateful to God that it is not a coincidence that we can join with this program'**

*Wilhelmina, mother*

From the moment she joined, Wilhelmina knew it was something special. With support from local church partners and dedicated staff, she has received more than just practical help – Wilhelmina found a community. “All this time, I have been so happy and thankful because I receive food for my physical health and also for my spiritual health. I am taught about the truth of God's words.”

She's also learning more about her daughter's growth. “By their help, I get to know about Alesha's development. Our pastor at church also teaches me a lot.”

Wilhelmina's dream is simple and powerful:

“I hope that Alesha grows to be a healthy child and grow in God's favour and love.” And she's already seeing that dream take shape. “I can feel and see the good development for me and my child as well.”

Whether it's seminars, spiritual events, or time with other mums, Wilhelmina says, “Every moment spent at the project is incredible for us.”

“May God always bless us all!”

By supporting Mums and Bubs, you help create a protective circle around mothers like Wilhelmina and their babies, giving them the knowledge, support and new opportunities they need to flourish.



## How you can pray...

- **Praise God for the 390 mothers and babies thriving** in Mums and Bubs in Uganda and Indonesia. Give thanks for the life-changing impact of the Child Survival programme in these communities.
- **Thank God for the hardworking mums** like Wilhelmina and Jacinta, who are embracing new skills and opportunities to provide for their families and build brighter futures.
- **Pray for the church partners and project staff** who walk alongside these mothers with compassion, wisdom, and dedication. Ask for strength and encouragement as they continue this vital work.
- **Lift up the new mums** recently welcomed into the programme. Pray they find friendship, support, and a deep sense of belonging in their new community.
- **Pray for the babies**, that they would grow up healthy, loved, and surrounded by opportunity. Ask for God's protection and favour over each little life.
- **Ask for continued provision** for the programme and for the generous donors who make it possible. Pray that more lives would be reached and transformed through this work.

## Send some love!

If you have a word of encouragement to share with the mums, feel free to email us at: [info@tearfund.org.nz](mailto:info@tearfund.org.nz) and we'll pass it along.